

## **April -May 2025 Blue Gakyil Report**

Announcements for weekly events are emailed every Sunday. There are numerous practices each month for Yantra Yoga, ganapuja, and other practices led by generous teachers and Sangha members.

Blue functions due to the collaboration of Tsegylgar East members and Friends of Blue who lead local and remote practices, and who handle all of the announcements, weekly email blasts, and zoom calls.

At this time Blue is down to one member who will be resigning in September 2025. New members are urgently requested to join the gakyil.

### **Online Practices Registration Numbers**

#### **Instructions and practices led by Dr. Michael Katz:**

April 3: Group Practice to Overcome Obstacles, 36

May 15: Dream Yoga, 88

June 1: Practice of Natural Light, 80

#### **Jnanadakini group practice with Steven Landsberg:**

April 2025: 30,31,32

May 2025: 22, 25, 23

June 2025, 19

#### **Practice of the Precious Vase with Steven Landsberg:**

April 2025: 59, 57, 51. 48

May 2025: 52, 34

June 2025: 44, 41

### **Other Group Practice Attendance Averages:**

Ganapujas: 18

Mandarava Practice: 4

Paula Barry: Yantra Yoga, 6

Paula Barry: Pranayama, 8

### **Summer Retreats Announced:**

#### **Rushen of the Voice with Santi Maha Sangha teacher Michael Katz**

**Saturday & Sunday, July 12th & 13th**

**In-person at the Vajra Hall, Khandroling & online via Zoom**

**5pm Saturday: Potluck Dinner and Auction (not Zoomed)**

Participants for the weekend retreat will also have the possibility of continuing to do Dzogchen practice on the following Monday & Tuesday with Michael Katz and fellow practitioners (in-person only - no Zoom).

**“The Teaching of Dzogchen: understanding, training, applying”**

**lead by Igor Berkhin at Tsegylgar East (in-person only)**

**August 8-17, 2025**

**8th annual Dance Dance Dance at the Vajra Hall, Khandroling**  
**Saturday, August 30 thru Sunday, September 14**

## **Membership Totals:**

Tsegyalgar 2025 total 209

- ordinary 189
- sustaining 18
- meritorious 2

Tsegyalgar (199)

Kundrolling (10)