

April 2024 - Blue Gakyil Report for the General Assembly

The current Blue Gakyil was formed in the winter of 2022 with members, Martha Tack and Marsha Ellison. Blue functions due to the collaboration of Tsegyalgar East members and Friends of Blue who lead local and remote practices.

□ Practices and Retreats since Feb 2023 thru March 2024

February 6th - March 13th 2023 Atiyoga Bookclub with Lynn Newdome

Registration was handled by Shang Shung Institute

Average participants per Zoom over 6 sessions: 80 online

- **July 2023 Summer Sangha Retreat**
Registrations: 26 in-person; 35 online
Donations: \$6090
- **Aug 2023 Dance Dance Dance**
Registrations: 48 in-person
Donations: \$8669
- **August 25th - Sept 4th 2023**
Elias Capriles, Dakini Upadesha Retreat
Registrations: 14 in-person; 89 online
Donations: \$7,152.63
- **Sept 29th - October 1st**
Steven Landsberg, Going Beyond Words
Registrations: 12 in-person; 48 online
Donations: \$3080
- **Lynn Newdome - Atiyoga Bookclub Course #2, Oct thru Dec 2023**
30 registrations: online course
Donations: \$570
- **Lynn Newdome - Getting to Know TARA**
March 2024
Registrations: 4 in-person; 20 online
Donations: \$652
- **Beginners Class of the Dance of the Song of the Vajra** taught by authorized Vajra Dance instructor Bodhi.
Saturdays from 9:30am-4:30pm beginning February 3, 2024 until June 8, 2024

Upcoming Special Events:

- **Introduction to Dzogchen** with Lynn Newdome
Sunday May 5th 3-5pm
In-person and online via Zoom
- **The State of Contemplation: Beyond Birth and Death**
with authorized SMS instructor Steven Landsberg
Friday, May 24 thru Sunday, May 26, 2024
In-person and online via Zoom
- **Practice of Natural Light: Deepening our Clear Light Dream State** with Michael Katz
Hosted by Tsegyalgar East in collaboration with Tsegyalgar West & Kunsangar North
Online via Zoom, Thursday, May 16, 2024, 1:00pm-2:30pm EDT- NYC

- **Tibetan Dream Yoga / Yoga Nidra** with Michael Katz
Hosted by Tsegylgar East in collaboration with Tsegylgar West & Kunsangar North
Online via Zoom
Tuesday, June 18, 2024
1:00pm-2:30pm EDT- NYC
- **The 7th Annual Dance Dance Dance**
Vajra Hall, Khandroling, Buckland, Massachusetts, USA
Sat, August 3rd thru Sun, August 18th, 2024
In-Person
- **The 9th Annual Summer Sangha Retreat**
Vajra Hall, Khandroling, Buckland, Massachusetts, USA
Wed, July 17 thru Wed, July 24th, 2024
In-person and online via Zoom
Featuring videotape of ChNRR and Instructions and Practices
- **Retreat led by Michael Katz** - Topic TBD
September 14th – 15th 2024, In-person and online via Zoom

□ Tsegylgar continues to offer regular Ganapujas on special days, yantra yoga, Vajra dance tuns, Odzer Chenma practice, Mandarava Practice, Practice of the Precious Vase and Jnanadakini Thugthig Group Practice with Steven Landsberg, and other regular practices in-person and online, and in conjunction with Kundrolling (NYC affiliated ling). Please see our calendar for Tsegylgar East Upcoming Practices & Events <https://www.tsegylgar.org/tsegylgar-east/events-calendar/>