

There have been numerous Dzogchen teaching and practice events in recent months hosted by Tsegylgar East. Following are some highlights:

- The Summer Sangha Celebration held for 8 days, was attended by 25-30 people per day, and featured daily recordings of CHNRR, Yantra Yoga, Vajra dance, Santi Maha Sangha, and Dream Yoga instructions and other practices. All events went off smoothly with a great opportunity to be together and enjoy Khandrolling.
- In August, another precious opportunity was the Dance, Dance, Dance retreat in which participants deepened experience in all major dances with authorized instructors. Other Vajra dance practices were held following the retreats, and on scheduled and spontaneously arising occasions.
- Our monthly calendar of events continues to offer regular ganapujas on special days, yantra yoga, daily practice of the 12AH dance, and other regular practices in conjunction with Kundrolling (NYC sangha).
- Monthly practices on Natural Light and Dream Yoga has resumed in September.
- A fall highlight was a 10-Day Teaching and Experiential Trekchod Training Retreat with Elías Capriles, focusing on the 2nd Statement of Garab Dorje “Not Remaining in Doubt” with teachings from Elias’ book, *The Source of Danger is Fear*. This was very well attended with 155 registrants both in-person at the Conway Gompa and online. Many spoke about the deep value of this intensive learning and practice opportunity. We are grateful for the collaboration of many who made this possible.

The gakyil would like to know the interests of the Sangha for planning upcoming priorities, retreats and practices. A survey of the membership will be released in coming weeks to help inform future planning.

Possible activities under discussion include:

- Instruction and practice on the meaning and precise melody of the Guru Yoga of White Ah, as well as Song of the Vajra
- Instruction and practice of Chod
- Rehabilitation or reconstruction of the dark retreat cabin.
- Continued monthly dream yoga and natural light instruction
- Retreat with Igor Berkhin
- Retreat with Jakob Winkler
- Next summer sangha celebration and Dance, dance, dance retreats