



TSEGYALGAR AREA INFORMATION 2015

HEALTH SERVICES

- **Medical Emergencies: call 911 anywhere in Franklin County**
- **Hospital** - Baystate Franklin Medical Center, 64 High Street, Greenfield tel. 413-773-0211
- **Baker's Pharmacy** 52 Bridge Street, Shelburne Falls. Tel: 413-625-6324
Mon-Fri. 8:30 am – 8 pm; Sat. 8:30am – 3; Closed Sun.
- **CVS Greenfield** 137 Federal St, Greenfield; tel.413-774-7201 Open 24 hrs.
Minute Clinic M-F 8 am – 7 pm; Sat. 9 am – 5:30 pm; Sun 10 am – 5:50 pm

Welcome to the Hilltowns

Shelburne Falls

- ⇒ **Baker's Pharmacy** 52 Bridge Street Tel.: 413-625-6324 M-F 8:30 am – 8 pm; Sat. 8:30am – 3; Closed Sun.
- **24-hour ATM**, Greenfield Savings Bank at corner of Bridge and Main Streets
- **24-hour ATM**, People's United Bank at corner of Bridge and Mechanic Streets
- **Sawyer's Newsroom** Daily 5:30 am – 5 pm (Sun to 3 pm)
⇒⇒ Sawyer's is your source for All-Natural Tick Repellent, locally made. \$10./ 4 oz.
- **Laundromat: Wash 'N Wire** 55 State Street Daily 6am – 10pm; WiFi.
- **Keystone Market** 42-44 Bridge Street Mon - Sat 7am-7pm; Sun 10-5pm. *Grocery store; deli; wine and beer.*
- **McCusker's Market** 3 State Street Daily 7 am – 7 pm *Natural Foods Cooperative; deli; café; WiFi.*
- **Mocha Maya's** 47 Bridge St Mon-Sat. 7 am – 6pm, Sun 7 – 5; *Coffee; beer&wine; WiFi.*
- **Restaurants:**
 - Casey's Pizza & Grinders, 55 State St, 10 am – 9 pm. Casual. Outdoor seating.
 - West End Pub, 16 State St (*River view*) Lunch & dinner daily. Closed Mon.
 - Ponte Restaurant, *New* 8 Bridge St. Tiny Mexican. Lunch. Closed Sun & Mon.
 - The Blue Rock, 10 Bridge St (*downstairs*) Dinner 5-9 pm. Sun. 10-1.
 - Hearty Eats, 24 Bridge St *New* 11 am – 8 p, Closed Tues. Easy mixed Asian
 - Foxtown Diner, 25 Bridge St. Breakfast joint; Lunch Sat. & Sun. til 1 pm
 - Village Restaurant, 43 Bridge St. Breakfast & Lunch. Dinner Thurs – Sun.
 - Gypsy Apple Bistro, 65 Bridge St. Fine dining. Call for reservation 413-625-6345.
- **Public Library: Arms Library**, 60 Bridge St. Mon. & Wed. 1-8 pm; Sat. 11-3.
- **Farmer's Market:** Fridays 2-6 pm 53 Main Street

Buckland – Home of Khandroling and the Vajra Hall

- **Public Library:** 30 Upper St. Hrs: Tues.2-8pm; Fri. 1-6pm; Sat. 9am-1pm

Conway – Home of Tsegylgar 18 Schoolhouse Road

- **24 hour ATM**, Greenfield Savings Bank, 181 Parson's Dr., *RT 116*, just *south of village center*
- **Pages Coffee Bar** 98 Main Street. For take-out coffee. Hours: Tues -Fri 6:30 am –12:30 pm; Sat 8 Am – Noon; Closed Sun & Mon; Closed July 4
- **Bakers' Country Store** – 101 River St (Rt 116) tel. 413-369-4936 *A little bit of everything necessary.*
Lunch. Store hours: Daily 7 am – 5 pm

- **The Conway Inn** – 101 River Rd Conway MA 01341 *Local watering hole.*
- **Farmers Market:** Wednesdays 4 – 7 pm 1 Elm Street (*in front of library*)

Ashfield

- **Elmer's Store** 396 Main St (RT 116) Hours: Mon – Thurs 7am – 6pm; FRI 7am - 9pm; Sat & Sun 8 am – 6 pm. Breakfast and lunch 7 days/wk. *Dinner Friday night – check website for menu. Coffee; some groceries and gifts.*
- **Country Pie Pizza** 343 Main (RT 116) tel. 413-628-4488 Hours: Daily 11:30 am – 9 pm. *Casual; eat in or order out.*
- **Ashfield Hardware & Supply** 343 Main St (RT 116) tel.413-628-4488 Hours: Closed Tues: M,W,TH, F 9 am – 6 pm; SAT 9am – 5 pm; SUN 11 am – 5 pm. *Ice cream cone \$1.*
- **Ashfield Lake House** – 141 Buckland Rd tel. 413-628-0158 Casual restaurant on Ashfield Lake. New owners. Check website for info.
- **Neighbors Convenience Store & ATM** Main St (RT 116) *gas, groceries, beer & wine.*
- **Farmer's Market:** Saturdays 9 am – 1 pm Town Common 457 Main Street

In the Valley.....

- **“Big Y” Supermarket**, 237 Mohawk Trail (RT 2, at the Rotary) *More amenities nearby in downtown Greenfield*

DINING IN GREENFIELD

The People's Pint 24 Federal Street, Local brewery. Menu online

Hope and Olive 44 Hope Street Local favorite. Menu online

Magpie Woodfired Pizza 21 Bank Row Classy pizza. Menu online

Mesa Verde – 10 Fiske Ave (across from co-op Greenfields Market on Main St); Mon. – Sat.11:30 am – 9 pm
Casual delicious Mexican Menu online

China Gourmet 78 Mohawk Trail tel. 413-774-2299. *Large family restaurant.*

New Fortune Chinese Restaurant and Sushi Bar, 249 Mohawk Train (Rt 2 at the “Big Y” plaza)

Clay Oven, 286 Main St tel. (877) 983-1909 *\$10. lunch buffet til 3 pm daily*

DINING IN NORTHAMPTON – a longer drive to excellent restaurants. Community members favor **India House**, 45 State Street tel. 413-586-6344 and **Lhasa Café** 159 Main Street tel. 413-585-5427. On Main Street, find Mexican, Thai, Italian, Moroccan and more.

DINING IN AMHERST – College town with many casual restaurants. Fine dining at **Chez Albert**

SWIMMING SPOTS FOR HOT DAYS!! ***Sunburn Beach**. From Shelburne Falls or Mohawk School, take Rt. 112 north; at corner of N. River Rd ***Ashfield Lake**, in Ashfield, near the intersection of Rt 112 & Rt 116, on Rt 116 in Ashfield center. * **Chapel Falls**, on Williamsburg Rd in Ashfield. 2.3 mi. south from Rt 116. The coldest water for the hottest days!